

# School of Health Professions Institute of Mechatronic Systems Winterthur Institute for Health Economics

## Robotics and Autonomous Devices in Health Care – a Technology Assessment Study –

Mandy Scheermesser, Heidrun Becker, Michael Früh, Yvonne Treusch,  
Holger Auerbach, Richard Alexander Hüppi, Flurina Meier



## 2012 movie *Robot & Frank ...*



## ... to reality

In view of robotics and autonomous devices in health care:

- What is technically feasible?
- What is socially, ethically and legally desirable and justifiable?
- What is economically and politically achievable?

# Why TA on Robots in Health Care?

Technical devices to replace nursing staff

Nursing staff shortage solved through technology?

**ROBOTS AT THE BEDSIDE**

Meet Rudy, the  
world's first  
"robodoc"

Robot in plush to delight residents

Age of Robotic Care for the Elderly?

Toyota enters business  
with care robots as a  
reaction to the crisis in  
automobile market

# Interdisciplinary project team: Zurich University of Applied Sciences



## School of Health Professions

Prof. Dr. Heidrun Becker  
Mandy Scheermesser  
Yvonne Treusch



## School of Engineering

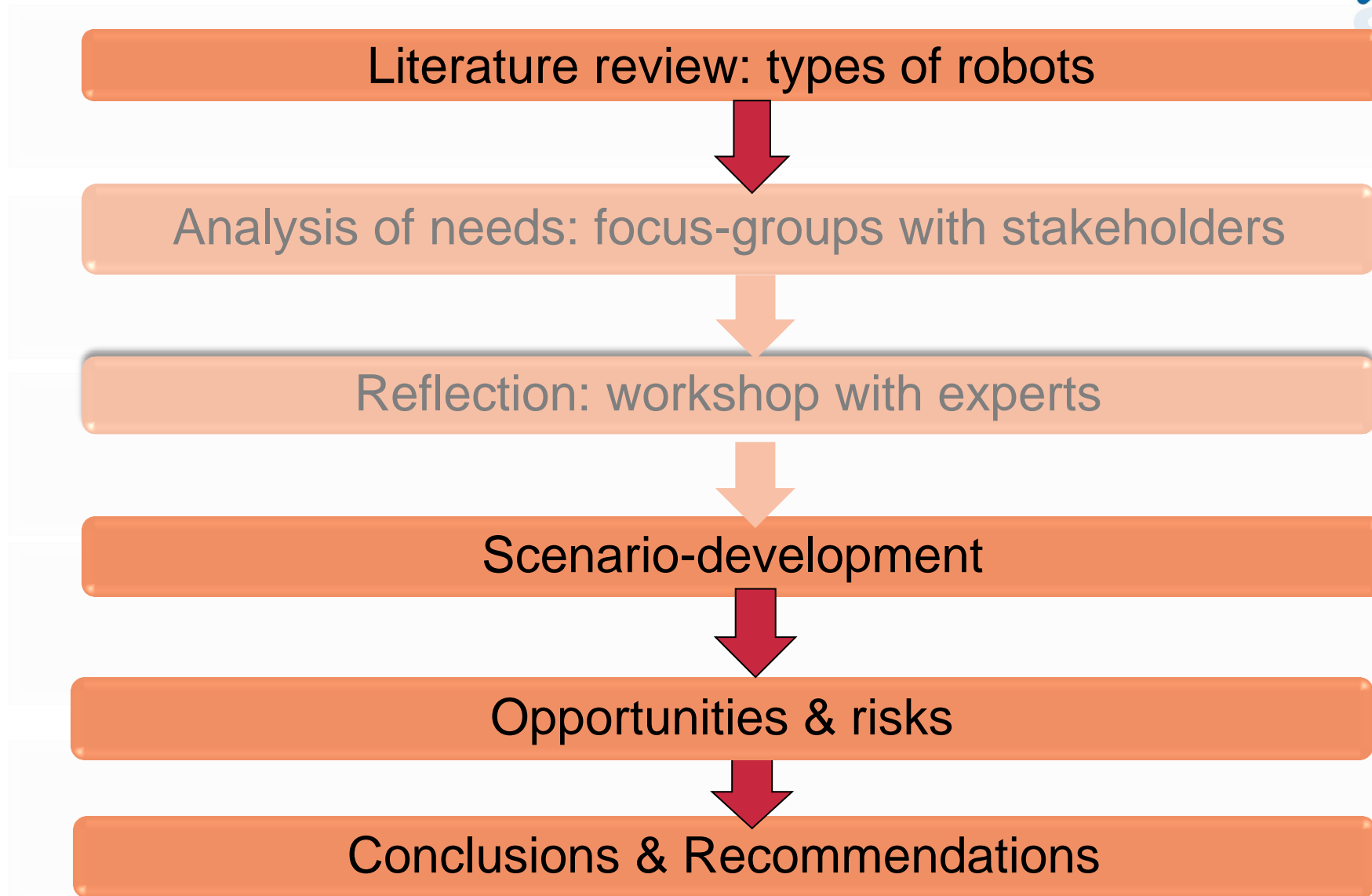
Richard Hüppi  
Prof. Dr. Wernher van de  
Venn



## Winterthur Institute of Health Economics

Prof. Dr. Holger Auerbach  
Michael Früh  
Flurina Meier

# Methods



# First type: training devices and mobility aids



Exoskeletons



Rehabilitation robots



# Second type: telepresence robots and assistant robots



servicerobots



transportsystems



telerobots



# Third type: Social-interactive robots



Pleo



Paro



# Opportunities for ...

**Users:** autonomy, mobility, independence, assistance, communication

**Institutions:** effectivity and supplement, new treatments

**Society:** (partly) compensation of shortage staff, new jobs



## Risks for ...

**Users:** loss of direct contact and autonomy, increases isolation, use without the consent of vulnerable people

**Institutions:** risk of cost increases, lack of convergence

**Society:** health care costs, market-focused technologies



# Future scenarios 2025

1. **Reactive politics:** only applications of existing regulations und regulate measures
2. **Proactive politics:** new regulations in law, registration and ethics, etc.
3. **Proactive control politics:** additional regulating measures like research funding, promotion of a discussion of robotics in health care, promotion of societal support



# Future scenario: Proactive control politics

– e.g. Nadine at home, tetraplegia after riding accident –

- Devices: smart wheelchair, Rewalker, sub-arm, telepresence
- Opportunities: autonomy, mobility, participation
- Risks: high priced devices for rare diseases, fair access
- Political measures: research funding for robotic development, debate about robots in society and with health professionals



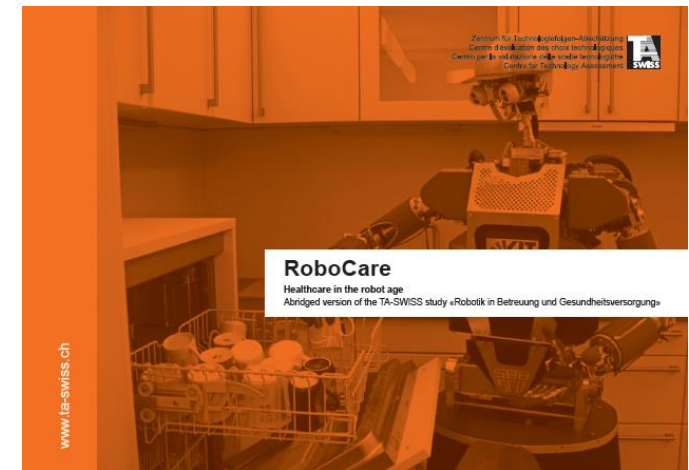
# Conclusions

- The spectrum of possible applications of robots in health care is very broad.
- There is a insufficient regulation in liability law, data protection and ethics.
- A proactive and coordinated policy framework is required.
- Robots on their own could not solve the problem of skill shortages in health care.



# Actual publication: Download open access

- **Robotik in Betreuung und Gesundheitsversorgung (2013)**  
Heidrun Becker, Mandy Scheermesser, Michael Früh, Yvonne Treusch, Holger Auerbach, Richard Alexander Hüppi, Flurina Meier, Zürich, vdf, 252 p., CHF 39.-/EUR 34.- ISBN 978-3-7281-3520-9 (print edition)/vdf Hochschulverlag AG (in German)
- Abridged version of the TA-SWISS study “RoboCare Healthcare in the robot age” (in English)
- [www.ta-swiss.ch](http://www.ta-swiss.ch)



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Centre for Technology Assessment





# Future scenarios: Methodology

## 1. Preparation

- Analysis of current status, facts, trends, 7 key factors
- Influence factors: politics lecture by a political scientist

## 2. Scenario-Development

- In-house Scenario-workshop
- Cross-Impact analysis to account the interdependence of uncertain future events of future images in 2025
- problem identification by comparing the images

## 3. Scenario-Writing

- formulate 3 scenarios with different criteria:  
Age, gender, disability/handicap, types of robotics, determining factors, social development, etc.

## 4. Scenario-illustration

- Problem definition, political impact

# Future scenario 2: Reactive politics

- e.g. Mr. Franchi, ambulatory care after stroke -

- Devices: Telerehabilitation, telepresence, vacuum cleaner robot
- Opportunities: enhanced training possibilities → earlier return to work
- Risks: isolation, less personal care, lack of diagnostic



# Futures scenario 2: Proactive politics

- e.g. Mrs. Hunziker in old people's home with dementia -

- Devices: lift, carry, navigate, hair washing, communication, logistic, telepresence
- Oppportunities: autonomy, mobility, contact, entertainment
- Risks: excessive demand, confusion, unavailable options, freedom of decision
- Political measures: liability law, data protection, Ethical guidelines



# Key Recommendations

- Check and amend issues of liability for robots in healthcare
- Data protection must also be clarified for data that are unrelated to health.
- The Swiss Academy of Medical Sciences SAMS should take into account the effects that the use of robots might have.
- Professional and non-professional users should be included at an early stage.